



1. !

**Quality of life and care are important aspects of cancer survivorship and there is now a greater focus on recovery, health and well being after treatment.**

/ =, 3+8 +C 3= B?+6+8. \$ <+8= \$ : / 9: 6 </ : 9 <> 7 +8C  
199. / B: / <3 8- / = 90- +</ >2/ </ +</ =97 / +</ += >2+>=>368// .  
+>>/ 8>398 \$2/ =/ - + =/ / B+7 : 6 = 90: <+- >3 / +</ 33>/ 8. / . >9  
=? : : 9 <> : <90' =398+6= >9 : / <=98+63= / - +</ 09< \$ : / 9: 6  
A 3>2 - +8- / < \$2/ 1?3 +8- / +37 =>9 13@ : <+- >3 +6+. @3 /  
A 2/ </ - +8- / < : <90' =398+6= 7 +C 0' / 6?8=? </ 9</ 7 , +<<+ = / .  
+, 9?>A 2+>>9 =+C A 3>29?>0' +< 90- +? =38 1 900' 8- /



2. # # !  
\$  
"

\$2/ /: +<7 / 8>90 / +62 +8- / <! +>3 8> B: / <3 8- /  
#?<@C 90 \$ +8. 2/ > <9= / B?+6: +>3 8>  
=?11/ => . >2+>2/ < / +< / =97 / . 300 < 8- / = < / 6+>3 1 >9  
2?7 +8 <312> =: / - 303 +66



3. ! !

\$! #

\$2/ =>?. C23126312>/. 09?<5/C08. 31=A2322+@ A3 /<  
</6 @+8-/ 0<1+C+8. ,3/B?+67 /8 +8. >+8=: /9: 6 A32  
-+8- /<

" "

**“I think it’s real;**



!

**“I didn’t access any support groups, in all the discussions, all that was really being talked about was their relationships with their husbands and how that had been affected. I already felt quite excluded, so I never tried to access anything”**

• **Lucy, cancer services user**

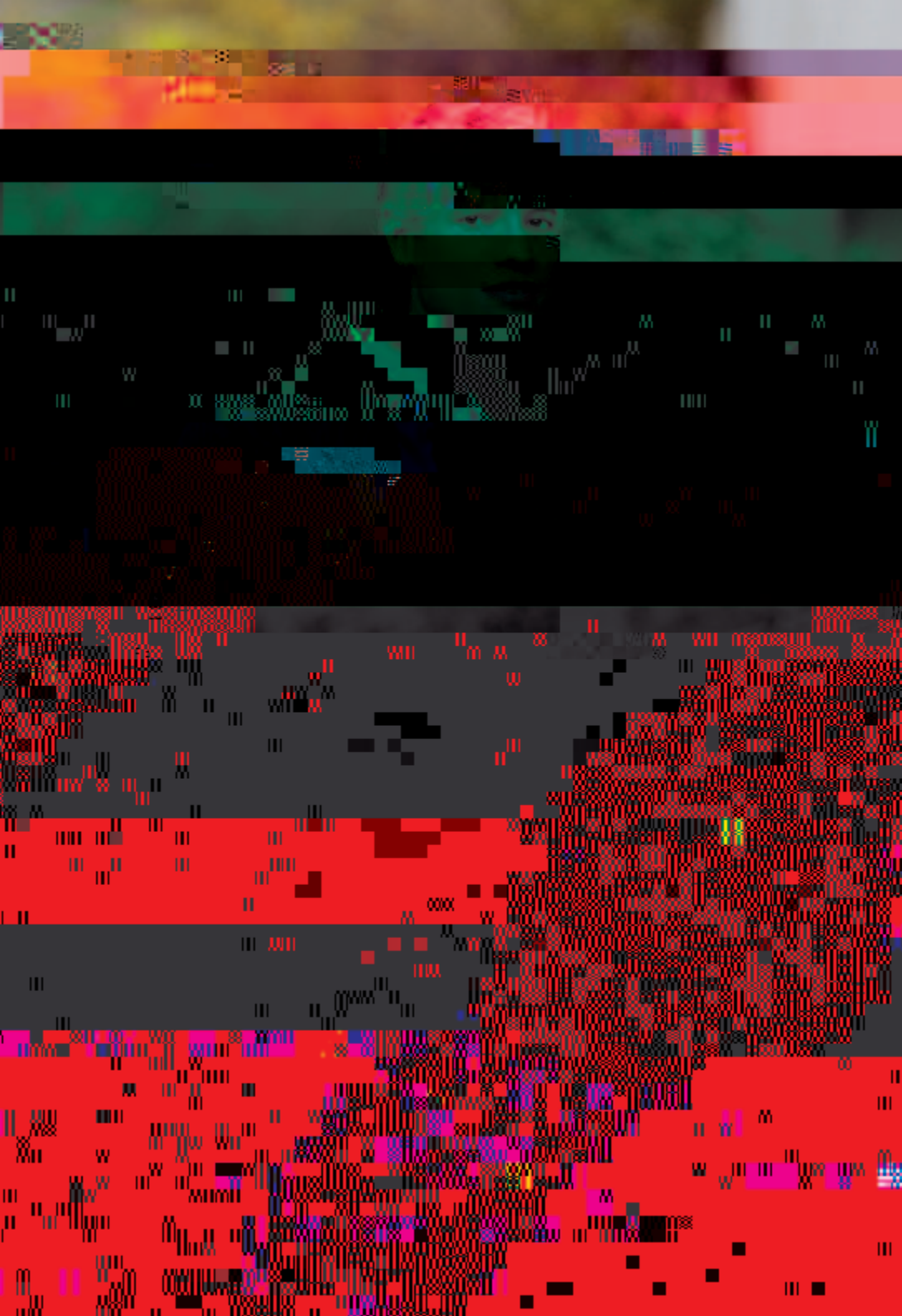
! <90' =398+6= - +8 </ -9183/ >2+> \$ =/ <@3/ ?=/ <=7 +C  
0/63=96+>/. A2/8 ?=381 - +8- / <=? : : 9<=> / <@3/ =+8. - +8  
=>3@ >9/8=? </ >2+>+> ->3@3 =+8. . 3- ?=998<sup>2</sup> +</  
38-6?=3@ \$2/C7 +C +6-9 -98870P=ep000, 25g000(SYB0YD1P0)P0,0 Du P(0)2P0P0G€2729V P00.8 P001•0ETV0(/)0T7 pF52808D DR(€)T00





4.

!



## Case study 2:

**Sam is a 42 year old transman (female to male person) with breast cancer. He has become increasingly isolated during the course of his treatment and has come to you for information about support groups. He feels that his masculinity has been threatened by the disease. What do you say/do?**

### Discussion points

\$2/ </ 3=6>6 9<89 </ =/+<-2 9<</ =9?<-/=3B >2/ % +, 9?>  
-+8- /<+7 981 >+8=: /9: 6 +/=90, </ +=>-+8- /<2+@  
, /18 </ :9</ . 3 \$ >+8=: /9: 6 7 9</9@< 3-3  
</ -97 7 /8. / . >2+>>2/ C2+@ , </ +=>= </ 831 3>2/ C  
2+@ 89>2+. =?</ <C \$ =A29. 9 89>>5/ 29<7 98/ =9<  
2+@ 89>2+. =?</ <C2+@ >2/ =+7 / <3-5=+=9>2/ <  
A97 /8 =+ >+8=7 +8 3-3 ?865/ 6 >2+>#+7 A9?6 2+@  
+- / =>9 =?: : 9< A23 2 + -589A6 . 1/ =23 1/8. / <3 /8>3C  
+8. 23 -+8- /<. 3+189=3 \$2/ </ 7 +C, / + 6-+6= /<@/ 9<  
9866/ 1<9?: 6< >+8=: /9: 6 >2+>#+7 -9?6 , / =318: 9=> / .  
>9 6<=? : : 9< #+7 7 +C, / ?8+A+</ >2+>7 /8 -+8 +6-9  
. / @6: , </ +=>-+8- /< /8. / <</ +=3187 /8>3+ : <9> -> / .  
-2+<+> /<3-3 ?8. / <>2/ ; ?+63C ->+8. >+8=: /9: 6  
+</ : <9> -> / . 0<97 . 3/ ->+8. 3. 3/ ->. 3- <3 3+>38

## Case



## Case study 4:

**Jack is a 74 year old bisexual man with cancer. Although he has been living with his male partner, Andrew (who is 69), for the past 15 years, he has never divorced his wife. He has three children who he rarely sees and who live 200 miles away. He does not have a will nor has he made provision for his funeral. The house is in Jack's name and Andrew has only a small pension. What advice would you give him about advance care planning?**

### Discussion points

6 =, 3+8 1+C7 +8 9<, 3= B?+6: / <=98 3B + =+7 / =/ B  
</ 6+>38=6

## Case study 5:

**Matt is a 45 year old gay man with prostate cancer. He lives on his own in an inner city with a small LGBT population. He has a group of 3 younger men, some of whom are ex-partners, who pop in to see him regularly. He has recently been told that he has six months left to live. You plan to talk to him about his wishes about end of life care and who will be his 'next of kin'. How do you approach this?**

### Discussion points

>3-97 7 98 0< \$ : / 9: 6 >9 2+@ + 8/ >A9<5 900<3 8. = +K` D i

## Case study 6:

5.

"

67 +-5 8. 9060 -+</ >2/ /B: /<3 8-/ =+8. 8//. =906 =, 3+8 1+C+8. , 3/B?+6+8. >+8= \$ /6 /<=  
 ?8./ . >2<9?12 +<3 ?<3 +8-/< +</ " /<+<-2 ! <91<+7 7 / %83@ <=3C90 9>>312+7  
 " ! ' +631 3>9 >2/ ?8589A8 3- <3 3+>38 3 -+8-/<=<@/ = 98.98 +-7 36+8  
 /: +<7 /8>90 /+62 +8-/<! +>3 8> B: /<3 8-/ #?<@C 98.98 /: +<7 /8>90 /+62  
 3=2 97 31 9?>+, 9?>, </ +=>-+8-/<3 6 =, 3+8 +8. , 3/B?+6A97 /8 /3/=>< / 98>9< %83@ <=3C  
 ?8=>98/ +8-/<+A+</ 8/ = \$2/ 3 : +->90#/B?+6 <3 8>+>38 98.98 (9? 9@

6.

!

+8-/<" /<+<-2 % ! 963 C=>+>/7 /8> /+62 3/; ?+633 =3 -+8-/<+8. \$ -97 7 ?833 = @3+, 6 0<97  
[http://info.cancerresearchuk.org/publications/2016/06/26/dkhnfnPfpPfr\\_r\\_fdfjofomPfpPfftc2fx2fdnPfpPfu2fdkhnfYdfP](http://info.cancerresearchuk.org/publications/2016/06/26/dkhnfnPfpPfr_r_fdfjofomPfpPfftc2fx2fdnPfpPfu2fdkhnfYdfP)

7.

#

!

~~66~~ 8 906 +8. // <3 8 6 /< / =, 3+8 />A9<5 +>+2+ ?<1/ = +8- /<" / =/ +<-2 % +53 96 C+8. +<1?/ <3/  
- +?1268 />9 /8>/ 98.98 +<96 3, 98= %</ <+8.